HELP! | WEEK 2 ELEMENTARY LESSON



THE BIG IDEA

God helps us in our weakness.

THE BIBLE

God Calls Moses: Exodus 3:1-14, 4:1-17; (Psalm 103:6-13)

WORSHIP

MUSIC | Can't Help But Praise!

- **INSTRUCTIONS**: Turn these songs into a fun dance party. Lead the way by dancing and having fun! Some songs we suggest are:
 - o "We Will Go"

SO WHAT? Why does it matter to God and to us?

SCRIPTURE | Exodus 3:1-14, 4:1-17

- **INSTRUCTIONS**: Keep your Bible open and bookmark Exodus 3:1-14, 4:1-17 to read selected passages while you tell today's story.
 - SPECIAL NEEDS HACK: Provide this week's coloring page for the kids to color while you tell the story. You can also provide the kids with their own action figures or pictures and have them follow along.
- Does anyone remember what happened to Moses as a baby? Moses was born into an Israelite home, but was raised by Pharaoh's daughter as her own son.
- Fast forward a few years. Moses grew up in Pharaoh's home. He probably had everything he could ever want. But one day, he made a big mistake after getting into a fight with an Egyptian man.
- Moses was afraid someone would find out about it, so he ran away. He ran as far as he could and began a new life. He got married and had a son. Everything was peaceful.

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- But God rescued baby Moses from the river for a reason. It was all part of God's plan. And God was about to tell Moses about those plans.
- One day, Moses was with his sheep when he saw something that caught his attention. He saw a bush on fire, but the bush didn't burn up!
- [Read Exodus 3:4-6 in a deep voice.] Did you hear that? God was talking to Moses through the bush! What did God tell him?
- [Read Exodus 3:10 -14.] What is Moses' reaction? Does he sound happy and ready to go? Is he jumping up and down saying, "Yes! Just what I always wanted to do!"
 - No, he sounds like he doesn't want to go at all, like he doesn't think he is the right person to go. Let's keep reading.
 - [Read Exodus 4:10-17.] Moses asked God to send someone else instead of him. He described himself as slow to speak — maybe he had a stutter, or maybe he just thought he wasn't smart enough.
 - So, God allowed Moses' brother, Aaron, to go with Moses and to speak for him.
 God also sent Moses with a staff which is a stick some people use to help them walk —that, with God, he would use to perform miracles.
- It didn't matter that Moses was full of weaknesses and mistakes from the past. God still called Moses to go and save the Israelite people.

VIDEO | Help!, Episode 2

• INSTRUCTIONS: Play this week's teaching video.

QUESTION | Are Heroes Weak?

- Who are the strongest or toughest characters from TV or the movies?
- Now, think of something that would make each of these heroes weaker. Crazy to think about, right?
- For example, Superman loses his powers when he's near kryptonite. Some mythical creatures, like vampires, can't be in the sun. **Can you think of some others?**
- Even the strongest people we know real or pretend have weaknesses. But that
 doesn't make them, or us, weak people overall especially for people who know
 God!

MEMORY VERSE | Psalm 121:2 (NIV)

• **INSTRUCTIONS**: Practice this month's memory verse with the signs (a combination of SEE and ASL) we've provided.

PRAYER

• Dear God, thank You for reminding us that when we feel we aren't worthy enough, good enough or strong enough, You are with us. Through You, we are good enough. You always help us and You love us. Amen.