HELP! | WEEK 2 PRESCHOOL LESSON



THE BIG IDEA

God helps us in our weakness.

THE BIBLE

God Calls Moses: Exodus 3:1-14, 4:1-17

WORSHIP

MUSIC | Can't Help But Praise!

INSTRUCTIONS: Sing and dance along to some fun songs about God, who helps us!
 Along with your kids' favorite songs, consider adding this fun song, "Detective Shuffle," to your playlist.

TEACHING TIME

SCRIPTURE | Exodus 3:1-14, 4:1-17

- **INSTRUCTIONS:** Print story cards to help you tell today's Bible story.
- Does anyone remember what happened to Moses as a baby? Yes, Moses and his
 family were from Israel, but he was raised by the daughter of Pharaoh, the king of
 Egypt.
- Moses had a pretty good life until one day, as a grownup, he made a big mistake. He
 got into a fight with some guys. He ran away from Egypt and began a brand new life.
 - One day, while Moses was outside taking care of his sheep, he saw something in the distance. He saw a bush on fire, but the bush wasn't burning up! Can you all make some fire motions and noises?
 - When Moses went to take a closer look at the bush, the bush started talking! If a bush could talk, what do you think it would say? Those are some funny answers! But the bush wasn't actually talking. God was in the bush and talking to Moses! Moses took off his sandals to show that this place was a holy place it was a way of showing respect for God.
- God had a message for Moses. God wanted Moses to go back to Egypt to bring God's people, the Israelites, out of Egypt.

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- What a big job God asked Moses to do! Do you think Moses was happy to do this big job for God? Actually, Moses didn't want to go! Moses told God that he didn't think he was good enough to do the job. Moses thought maybe God should send someone else instead.
- But God knew better! It didn't matter that Moses was full of weaknesses and mistakes from the past. God told Moses that he wouldn't be alone because God would help Moses!
 - First, God said Moses could take his brother, Aaron, along to help Moses talk to the people.
 - Then, God gave Moses a special staff which is a big stick that some people use to help them walk — that God was going to use to perform miracles so that the people in Egypt would see the power of God.
- Now, Moses was ready to go to Egypt to rescue the people of Israel from Pharaoh!

VIDEO | Help! Episode 2

• **INSTRUCTIONS**: Play this week's preschool teaching video.

PRAYER

 Dear God, thank You for reminding us that when we make mistakes, or when we don't feel like we're good enough or smart enough, or when we feel weak, You are with us. Through You, we are good enough! You always help us and You love us. Amen.

DISCUSSION TIME

 God helped Moses in today's Bible story. God sent Moses with his brother, Aaron, and a staff. How does God help you and me? Who does God put in our lives to help us?

ACTIVITY | Burning Bush Craft

- INSTRUCTIONS: Print and distribute the burning bush printable. Allow the kids to color it with markers or crayons. Then, tell them to glue orange, yellow, and red tissue paper to make the fire on the bush.
 - Who was talking from the burning bush?
 - o What did God ask Moses to do?
 - o How did God help Moses?
- God helped Moses in his weakness, and God helps you and me in our weakness, too.

MEMORY VERSE | Psalm 121:2

• **INSTRUCTIONS:** Read Psalm 121:2 out loud to the kids. Repeat it a few times with the kids. Then, leave out the word "help" and see who knows what word goes in that place. Do it again and this time, leave out a different word. Do this as many times as your time allows.