



WEEK 1

PRESCHOOL LESSON GUIDE



THE BIG IDEA

God helps us when we're helpless.

THE BIBLE

Moses in a Basket: Exodus 1:22-2:10

WELCOME TIME

MUSIC | Can't Help But Praise!

- **INSTRUCTIONS:** Sing and dance along to some fun songs about God, who helps us! Along with your kids' favorite songs, consider adding this one to your playlist: ["911 of My Heart."](#)

TEACHING TIME

SCRIPTURE | Exodus 1:22 - 2:10

- **INSTRUCTIONS:** Prepare the [story cards](#) to use as you tell the story. Also, tell the kids to make a mean face every time you say, "Pharaoh," make a sad face every time you say, "Helpless," and a happy face every time you say, "God."
 - **TODDLER HACK:** Use a baby doll and basket as you tell the story.
- Today's Bible story takes place in a place called Egypt. The people of Israel, who loved God [*happy face*], were living in Egypt, but they were treated very badly. They had to do everything the king of Egypt, Pharaoh [*mean face*], told them to do — day and night. **Does that sound like fun?** No. The Israelites were sad and felt helpless [*sad face*].
- Pharaoh [*mean face*] loved being in power. But because there were so many people from Israel, whom he was treating so badly, he was scared that one day, they would get together and kick him out! So, Pharaoh made a plan to get rid of all the baby boys. I'm sure that made all the Israelite parents feel helpless [*sad face*]. But let's see how God [*happy face*] shows up to help.
- During the time when Pharaoh [*mean face*] was tracking down helpless [*sad face*] babies, a mom gave birth to a baby boy. She loved the baby boy so much and she



decided to hide him for three whole months, so that Pharaoh [*mean face*] couldn't find him!

- She probably felt helpless [*sad face*]. She did the only thing she could think of. She took a basket and used it as a boat for her baby. She placed him in the boat and sent him down the river. She prayed to God [*happy face*] that someone kind would rescue her baby.
- Pharaoh's [*mean face*] daughter, the princess, noticed the helpless [*sad face*] baby in the basket and decided to take the baby as her own. She named him Moses. God [*happy face*] saved this little baby!
- Miriam, baby Moses' sister, saw this whole thing happen. She asked the princess if she needed help taking care of the baby. Pharaoh's [*mean face*] daughter said yes! And do you know what Miriam did? She took the baby right back to his real mother!
- God [*happy face*] helped baby Moses, his mom, and his sister. God [*happy face*] helped them when they were feeling helpless [*sad face*] and God [*happy face*] helps us, too!

THE BIG IDEA | God helps us when we're helpless.

- **Who helped baby Moses?** God.
- **Who helps you and me?** God.
- **Who helps us when we're helpless?** God.
- That's right! God helps us when we're helpless. Let's all shout it out together: **God helps us when we're helpless!**

VIDEO | Help! Episode 1

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

PRAYER

- Dear God, thank You for always being with each of us. Remind us when we are feeling helpless that You will always help us. Help us to remember we can always count on You in times of need. Amen.

ACTIVITY | Paper Basket

- **INSTRUCTIONS:** Pass out one paper basket printable to each kid. Give the kids crayons or markers to color their baskets. Then, help fold their paper on the solid lines and then cut on the dotted lines. Use tape to hold it together on each side. Then, pass out small pieces of cloth to represent a baby blanket. Allow the kids to choose a "blanket" and place it in their basket.
- **Why did Moses' mom put him in a basket?** She put him in the basket because she didn't know what else to do. She probably felt sad and helpless.
- **Did baby Moses float in his basket?** Yes, he did! God helped keep baby Moses safe.
- **Does anyone remember what our Big Idea is?** That's right! **God helps us when we are helpless.**

MEMORY VERSE | Psalm 121:2 (NIV)