



WEEK 3

PRESCHOOL LESSON GUIDE



THE BIG IDEA

God helps when we're in trouble.

THE BIBLE

The Plagues and the Passover:
Exodus 7:14-10:29, 12:21-30

WORSHIP TIME

MUSIC | Can't Help But Praise!

- **INSTRUCTIONS:** Sing and dance along to some fun songs about God, who helps us! Along with your kids' favorite songs, consider adding this fun one to your playlist called, "[Super Wonderful](#)."

TEACHING TIME

SCRIPTURE | Exodus 7:14-10:29, 12:21-30

- **INSTRUCTIONS:** Before the kids arrive, tape butcher paper on the wall beside you, high enough that it is taller than you. You will need something to draw with, such as markers, chalk, or crayons. Draw the characters and the events in today's story as you tell the story.
- Today, we are continuing with Moses' story. So much has already happened in his life! So far, we have heard about how God had a special plan for Moses, starting when he was a little baby. When Moses was a grownup, God asked Moses to do a very important job — to help free the Israelites from mean Pharaoh. Moses didn't think he could do it, but God helped him. Now, let's see what happens next in the story.
- *[Divide the group into two.]* I need help with my story today. I need the left side of the room to say, "Let my people go!" when I point to you. Then when I point to the right side of the room, I need everyone on that side to shout, "No!"
- *[Hold up pictures of Moses and Pharaoh.]* Moses obeyed God and went to Egypt to see Pharaoh, just like God told him to do. The people of Israel were being treated unfairly and just wanted to be free. So, Moses had one message for Pharaoh *[Point to the kids on the left.]*: "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No!"



- Then, a bunch of terrible things, called plagues, happened. There were ten plagues in all.
 - First, all the water turned into blood. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Second, there were frogs everywhere. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Third, the dust turned into gnats, or little tiny bugs that filled the air. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - The fourth plague was yucky flies! Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - For the fifth plague, all the horses, cows, and sheep died. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - In plague number six, the people and animals of Egypt got these things called boils, which are like painful sores, all over their skin. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Seventh, it rained ice, which is called hail. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Eighth, bugs, called locusts, ate up all the plants. Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Ninth, everything went dark and no one could see for three days! Moses said *[Point to the kids on the left.]*, "Let my people go!" But Pharaoh said *[Point to the kids on the right.]*, "No."
 - Finally, the tenth plague came and it was the worst one. All the oldest sons in each Egyptian home died in their sleep.
- But God knew what was going to happen, so God sent Moses to tell the Israelite people to protect themselves.
 - Moses told the Israelite people to take the blood of a lamb and put some of it on the top and each side of the door frames of their homes, death would pass over the homes and save the people inside.
 - This is why, even today, people celebrate Passover every year. It's to remember the time when the plague of death "passed over" God's people and spared their lives.
- After the tenth plague, Pharaoh said – you guessed it – yes. The Israelites were finally free! Let's all cheer for the Israelite people!

VIDEO | Help! Episode 3

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

PRAYER

- God, thank You for reminding us that You are always with us and that You help us when we're in trouble. Thank You for always helping us! Amen.