



WEEK 1

PRESCHOOL LESSON GUIDE



THE BIG IDEA

We obey God by putting God first.

THE BIBLE

The First and Second Commandments:
Exodus 20:1-6; Psalm 19:7-10

WELCOME TIME

MUSIC | Road Trip Jams!

- **INSTRUCTIONS:** Turn up your car radio. . . it's time to worship God on the go! Play some fun worship songs like these:
 - ["Ten Commandment Boogie"](#)
 - ["Ten Commandments Song"](#)
 - ["Put God First"](#)

TEACHING TIME

SCRIPTURE | Exodus 20:3-4

- **INSTRUCTIONS:** Arrange the seating for today's group like a bus, with three seats on either side of an aisle and with many rows. Even if you can't fill all the chairs, have them set up to mimic bus seating. At the end of your teaching, lead the kids in a road trip chant! One side will say, "God first," and the other side will say, "No idols." Repeat several times.
- Load up the bus, because we are setting out on our pretend road trip to discover the Ten (*hold up ten fingers*) Commandments — that's another word for 'rules' — that God wants us to live by! The whole story is found in the Bible in the book of Exodus. Our first stop is a place called Mount Sinai.
- In this story, God is speaking to Moses, who was up at the very top of Mount Sinai to hear from God about the ways God wanted the people to live. Today, we are going to look at the first two (*hold up two fingers*) rules.
- **Let's read Exodus 20:3-4.** Read the verses from a preschool-friendly Bible.
- The first commandment God gave Moses was to not have other gods before the one, (*hold up one finger*) true God. That rule tells us that God is the most important. The



second commandment or rule was similar: don't worship idols. Idols are images or objects that people pay more attention to than they do God.

- Guess what? With practice, we can put God first every day! That means that no one and nothing should be more important to us than God.
- Let's practice remembering these together right now: God first! No idols!

VIDEO | Road Trip, Episode 1

- **INSTRUCTIONS:** *Play this week's preschool [teaching video](#).*

PRAYER

- Dear God, thank You for loving us. Help us to love You and to do the things You want us to do. Amen.

MEMORY VERSE | Luke 10:27 (NIV)

- **INSTRUCTIONS:** *Stand at one end of the room with a green circle and a red circle. When you hold up the green circle, the kids must walk quickly toward you. When you put up the red circle, they have to freeze on the spot and repeat the memory verse after you. Repeat until everyone makes it to the finish line where you're standing.*