



WEEK 2

PRESCHOOL LESSON GUIDE



THE BIG IDEA

We obey God by worshiping God.

THE BIBLE

The Third and Fourth Commandments:
Exodus 20:7-11; 32:1-14

WELCOME TIME

MUSIC | Road Trip Jams!

- **INSTRUCTIONS:** Turn up your car radio. . . it's time to worship God on the go! Don't forget to put these on repeat!
 - ["Ten Commandment Boogie"](#)
 - ["Ten Commandments Song"](#)
 - ["Put God First"](#)

TEACHING TIME

SCRIPTURE | Exodus 20:7-11

- It's time to hit the road for week two of our pretend road trip! Along the way, we're hearing about the Ten Commandments, or rules, God wants us to live by!
- Last week, we discussed the first two commandments which were God first and no idols.
- Today, we will look at commandments three and four, which we also find in the Bible book of Exodus. Remember, God is speaking to Moses in this story.
- **INSTRUCTIONS:** Read Exodus 20:7-11 aloud from a preschool-friendly Bible.
- The third commandment tells us not to use God's name in the wrong way.
 - **Why do you think that's important?**
 - The same way we want people to treat us with love and kindness, we need to treat God's name that same way, too.
 - **Everyone, put one finger on your lips to remind yourself to respect God's name!**



- The fourth commandment tells us to keep the Sabbath day holy, which means to set aside a day, like Sunday, for worshiping God and resting.
 - Do you like to rest? It's hard to rest sometimes, isn't it? Especially because there are so many fun things we want to do! But it's so important for us to slow down sometimes.
 - **Everyone, put your palms together like prayer hands to remind yourself to rest and worship on God's day!**
- Both of these commandments help us remember that we can worship God in so many ways, by singing, dancing, praying, treating God with love and kindness, reading the Bible, obeying what God says, and of course, taking a day to slow down, and rest.

VIDEO | Road Trip, Episode 2

- **INSTRUCTIONS:** *Play this week's preschool [teaching video](#).*

ACTIVITY | Pit Stop Party

- Let's celebrate God with a praise party! We can sing and dance to praise God because we love God and because God loves us! We can worship God with our bodies, our words, and our hearts. **We obey God by worshiping God.** So, let's worship God now!
- **INSTRUCTIONS:** *Play upbeat music for the kids to sing and dance along with. You can pass out streamers and noisemakers for the kids to use during the party.*

PRAYER

- Dear God, Help us to obey You by worshiping You. Help us to show love and kindness to You in the way we talk about You. Also, remind us to take time to rest from everything else we do so that we can spend more time with You. Thank You for loving us! Amen.

MEMORY VERSE | Luke 10:27 (NIV)

- **INSTRUCTIONS:** *Read the verse aloud in small chunks and encourage the kids to say the verse back to you. Repeat it a few more times, but before each iteration, give the kids a simple command that they need to say the verse with. You may say things like, "Rev your engine" (say it really loud), "Right turn" (lean to the right), "Left turn" (lean to the left), "Slow down" (say it really slowly), etc.*