



# WEEK 2

## PRESCHOOL LESSON OUTLINE



### THE BIG IDEA

Jesus shows me the truth.

### THE BIBLE

The Transfiguration of Jesus:  
Mark 9:2-9; (Psalm 50:1-6)

### THIS WEEK AT A GLANCE

### WELCOME TIME

- MUSIC** | Worship Warm-Ups
- ACTIVITY** | Follow the Light
- ACTIVITY** | Four Goals

### TEACHING TIME

- SCRIPTURE** | Mark 9:2-9
- THE BIG IDEA** | Jesus shows me the truth.
- VIDEO** | Challenge Accepted, Episode 2
- OBJECT LESSON** | See The Truth
- PRAYER**

### DISCUSSION TIME

- SNACK** | Cheesy Hoops
- ACTIVITY** | Find the Truth
- ACTIVITY** | Truth or Make Believe?
- MEMORY VERSE** | I John 5:5 (NIV)

### PLAY TIME

- ACTIVITY** | Coloring Page
- ACTIVITY** | Mirror, Mirror
- ACTIVITY** | Uniform Change



# WEEK 2

## HACKS FOR TODDLERS



**BY KAREN ERNE**

### HOW TO HACK THIS SERIES FOR TODDLERS

In children's ministry, you've got a wide range of ages you need to engage every week, but toddlers tend to get overlooked. But you know your toddlers need more than just babysitting, so here are a few adjustments you can make to this week in order to keep your toddlers more engaged.

#### ACTIVITY | Four Goals

Place a large bin filled with ball pit balls in the middle of the room and one empty bucket in each of the four corners of the room. Give each kid an [orange cone](#) and have them hold it upside down. Have them put one ball in their cone and carry it to one corner and put the ball in the bucket. Have them repeat this for the other corners.

#### SCRIPTURE | Mark 9:2-9

Have one of the kids lie down on a piece of dark bulletin board paper. Trace their outline with chalk. Give every kid a piece of chalk and have them color in the outline together. Talk about how Jesus shone super bright on the mountain and became as shiny and bright as the figure they are coloring.

#### ACTIVITY | Find the Truth

Get five clear cups and label each cup with the letters of "TRUTH." When they find the golf ball with a letter on it, have them drop it in the corresponding cup. Have them practice spelling and saying the word together.



# WEEK 2

## PRESCHOOL LESSON GUIDE



### THE BIG IDEA

Jesus shows me the truth.

### THE BIBLE

**The Transfiguration of Jesus:**

Mark 9:2-9; (Psalm 50:1-6)

## WELCOME TIME

#### MUSIC | Worship Warm-Ups

- **INSTRUCTIONS:** Consider creating a fun worship environment by playing a worship playlist as kids walk in or play freely before your program begins. We recommend [these songs of silliness!](#)

#### ACTIVITY | Follow the Light

- **INSTRUCTIONS:** Dim the lights in the classroom and use an LED flashlight aimed at the floor for the kids to chase and try to tag. You could also let kids take turns controlling the flashlight for their friends.
- The light is easy to find and follow because it is the brightest thing in the room. Today's Bible story is going to tell about a time when Jesus was shining so brightly and his friends got to see who Jesus really was!

#### ACTIVITY | Four Goals

- **INSTRUCTIONS:** Set up four miniature golf holes (using a [mini golf kit](#)) around the room. Let kids take turns to putt to each of the holes.
  - ✂ **TODDLER HACK:** Place a large bin filled with ball pit balls in the middle of the room and one empty bucket in each of the four corners of the room. Give each kid an [orange cone](#) and have them hold it upside down. Have them put one ball in their cone and carry it to one corner and put the ball in the bucket. Have them repeat this for the other corners.

- **Who can tell me how many goals there were in this game?**
- That's right, there were four! That's going to help us remember the four people in today's Bible story: Jesus and his friends – Peter, James, and John.

## TEACHING TIME

### SCRIPTURE | Mark 9:2-9

- **INSTRUCTIONS:** Hold a Bible in your lap as you tell the Bible story. Prepare an extra large white t-shirt or blanket you can drape on as you tell the story.
  - ✂ **TODDLER HACK:** Have one of the kids lie down on a piece of dark bulletin board paper. Trace their outline with chalk. Give every kid a piece of chalk and have them color in the outline together. Tell the Bible story as they color.
- Today, we are going to climb up to the top of a great, big mountain. Everyone pretend to climb with me! (Make arm and leg movements to imitate climbing.) Wow! We are way high up here.
- Jesus went up a high mountain, too, with three of his friends – Peter, James, and John. One, two, three, four of them went up the mountain . . . then, something amazing happened.
- Everyone close your eyes. No peeking! (Quickly put on white shirt or blanket.) All of a sudden, Jesus' clothes became so bright! It looked like Jesus was shining! Did you notice that my clothes changed, too? Were you surprised? **Can you show me your surprised face?** Jesus' friends were very surprised, too!
- Then there came a voice from the heavens. **Can you point to which direction that is?** That's right, it came from above. The voice was God's. God spoke in a loud voice so that Peter, James, and John could hear. God said, "This is my Son. Listen to Jesus." Then, Jesus' friends knew the truth about Jesus – that Jesus is God's Son!

### THE BIG IDEA | Jesus shows me the truth.

- **INSTRUCTIONS:** Create [a pennant banner](#) like last week. Write one word of the Big Idea on each triangle. Hang it up backwards before the kids arrive, then flip it over for the Big Idea reveal. Use the pom-poms from last week or add some noisemakers.
- Let's shout out today's Big Idea cheer: **Jesus shows me the truth!**

### VIDEO | Challenge Accepted, Episode 2

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

### OBJECT LESSON | See The Truth

- **INSTRUCTIONS:** Place three jars on a table in front of you. Before kids arrive, fill two jars with water and dark food coloring or iodine so that you cannot see through the water. Place a small sports-related toy (like [this](#)) inside one of the jars. Label both of them with "surprise inside." Fill the third jar with liquid bleach and label it with "Jesus."
- I have three jars here. One jar says, "Jesus." The other two jars say "surprise inside," but really,

only one of them has a surprise inside. **Which jar is telling the truth?**

- Sometimes we might hear or see things that are not true. But do you know who always gives us the truth? Jesus! *[Pour the bleach from the “Jesus” jar into the first two jars.]*
- When you’re not sure of who to trust or what to believe, look to Jesus. **Jesus shows me truth.**

### PRAYER

- Dear God, thank you for giving us your son, Jesus. Thank you for showing us the truth. Help us be like you and always try to tell the truth, too. Amen.

## DISCUSSION TIME

### SNACK | Cheesy Hoops

- **INSTRUCTIONS:** *Print and cut out the Cheesy Hoops printable. Give each kid a paper cup and black marker or crayon. Have them draw criss-crossing diagonal lines all the way around the cup. Once they are finished, use a piece of double-sided tape to affix one of the mini backboards to the top of the cup. Fill their “basketball hoop” with [cheese balls](#) (it might look something like [this](#)).*
- **What was today’s Big Idea?**
- **Do you remember the names of Jesus’ friends?**
- In basketball, five players from each team play at a time. Let’s pretend you were on the mountain with Jesus and his friends. That would be a total of five people, right?
- **What would you would have done if you saw Jesus shining brightly on the mountain?**

### ACTIVITY | Find the Truth

- **INSTRUCTIONS:** *Write the letters of the word “TRUTH” on five golf balls with permanent marker. Mix them in with about a dozen other blank balls inside a large, shallow bin. Cover the balls with shaving cream. Have kids dig through to find all the balls that have a letter on them. Help them arrange them in the correct order. Have garbage bags ready to put over their clothes prior to start.*
  - ✂ **TODDLER HACK:** *Get five clear cups and label each cup with the letters of “TRUTH.” When they find the golf ball with a letter on it, have them drop it in the corresponding cup. Have them practice spelling and saying the word together.*
- Peter, James, and John learned the truth about Jesus on the mountain. They always knew Jesus was special and powerful, but that night they knew for sure that Jesus is God’s son, because they heard it straight from God!
- We need to always look for the truth. That also means that we need to tell the truth. When you’re not sure where to start, start with praying to Jesus. **Jesus shows me the truth.**

### ACTIVITY | Truth or Make Believe?

- **INSTRUCTIONS:** *Set up a [net](#) at each end of the room (or prop up a laundry bag on its side). Draw a happy face over one net to represent «truth,» and a sad face over the other net to represent*

“make-believe.” Have kids line up with a middle and give each of them a [mini soccer ball](#). Once you tell them a true or false statement, have them rush to the truth or make-believe and throw their ball in the net they choose. Alternatively, have one kid go at a time, and use a regular soccer ball, and have them dribble the ball over to the net.

- I’m going to tell you some things right now. If you think what I’m saying is true, take your ball to the happy face net as fast as you can. If you think what I’m saying is make-believe, take your ball to the sad face net. Are you ready?
- Sample statements:
  - Soccer balls are round.
  - Basketballs are shaped like a triangle.
  - You need a racket to play tennis.
  - You are supposed to throw golf balls with your hands.
  - When you score a goal in football, it’s called a “home run.”
  - A baseball field is shaped like a diamond.
- It’s important for us to know the difference between truth and make-believe. Because if we only listen to things that are not true, we might end up saying or doing things that are not true. God wants us to know and say the truth – that’s why God sent Jesus! **Jesus shows me the truth.**

#### MEMORY VERSE | I John 5:5 (NIV)

- **INSTRUCTIONS:** Practice this month’s memory verse with the signs (a combination of SEE and ASL) we’ve provided. Have kids practice saying the words that go along with each sign.

## PLAY TIME

*While you’re waiting for parents to pick up their kids . . .*

#### ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Provide this week’s coloring page and some crayons or markers. Review today’s Bible story and Big Idea as the kids color. Optional: Have kids use a white crayon to color Jesus’ clothes. Then give them watercolors to paint over Jesus and the rest of the picture.

#### ACTIVITY | Mirror, Mirror

- **INSTRUCTIONS:** Bring in a [fun house mirror](#) for kids to take turns looking into. Or use a photo app on a tablet or computer that distorts the image (e.g., the Photo Booth app for iOS devices works well!). As the kids look into the mirror or camera, affirm them with encouraging words like, “The truth is, God loves you” or “Jesus loves you and that’s the truth.”
- Wow, we look so silly! But they are not the true us. We need to look in a normal mirror (or camera) to see what we really look like. That’s what Jesus does for us, too. **Jesus shows me the truth.**

**ACTIVITY | Uniform Change**

- **INSTRUCTIONS:** Gather a few sports gear items (i.e., jerseys, uniforms, and equipment). Have kids try on some of the different uniforms as you remind them about today's story.
- Sometimes, what you wear tells people more about you. When Jesus' clothes changed on the mountain, it showed that Jesus was God's son. **What do these different uniforms tell you? What sport would you play with these uniforms?**

*Encourage your preschoolers to help clean up the room while they wait for their parents.*